



Stepney Bank Stables

Time
with Us

Young People Creating Connections
and Confidence through Horses

Unique training, meeting and event spaces

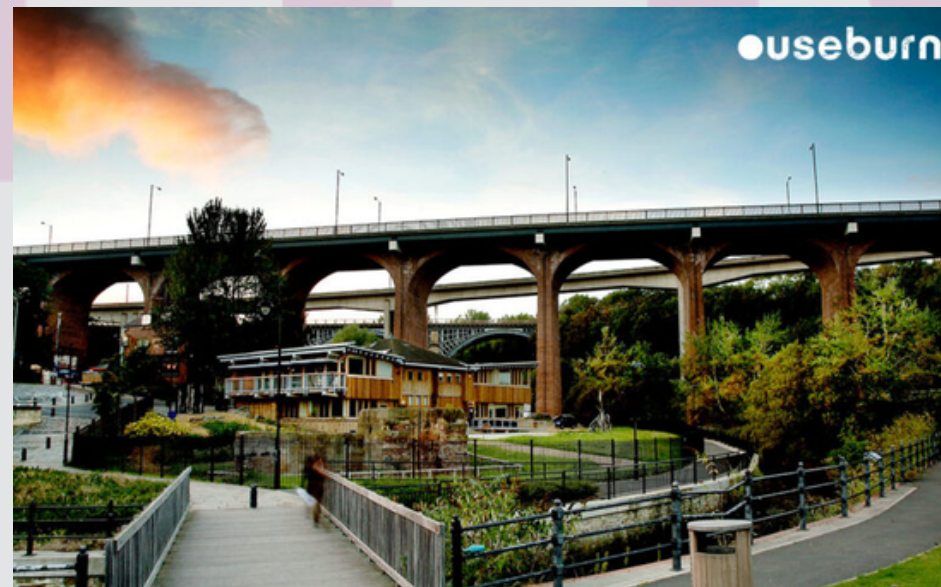
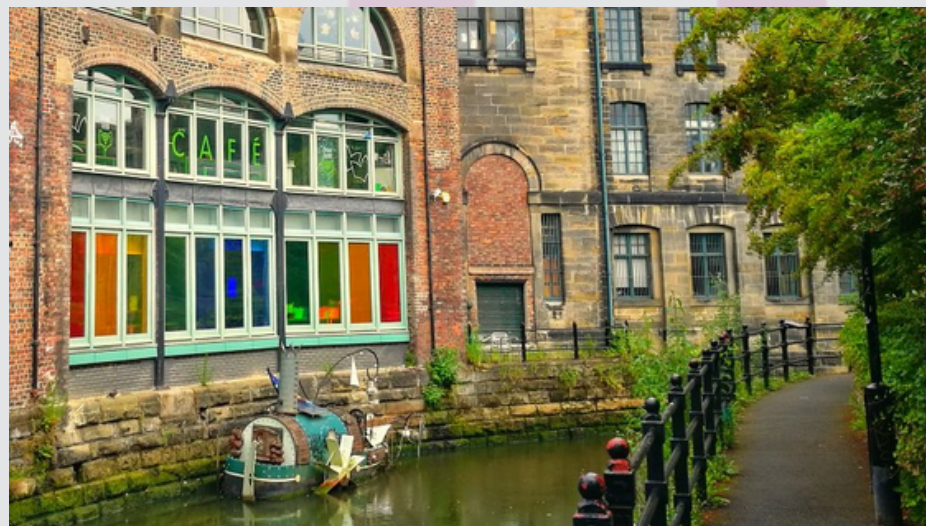
Registered charity: 1084687

Planning your next meeting or training event?

How about hosting or being hosted at our purpose built facilities at Stepney Bank Stables, in the heart of vibrant Ouseburn? Stepney Bank Stables is steeped in history and a core part of the Ouseburn area.

You get a unique experience in equestrian surroundings and the best bit? The income from your booking contributes directly to our work.

Stepney Bank Stables is a youth focused charity, literally changing lives through our alternative provision and young volunteer programmes. Win win!





Impactful team Time with Us, competitively priced

WHAT WE OFFER

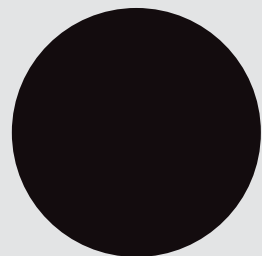


Facilitated Team and Leadership development workshops

Non-residential, interactive workshops with lunch and refreshments



‘Insights Discovery’ A highly interactive, insightful way to build strong teamwork and communication.



Meeting / Training spaces

Full day, half day at reasonable rates Including / Excluding refreshments





Leadership & Team Development - 3 options



**“Teamwork and
Communication through
Insights Discovery”**

ONE DAY. Suitable for: Teams



**“Applying neuroscience to
leadership and coaching”**

ONE DAY. Suitable for: Managers and Supervisors



“First time leader”

TWO DAYS. Suitable for: New and potential managers





“Teamwork and Communication through Insights Discovery”

ONE DAY. Suitable for: Teams

Welcome, purpose and outcomes

All about team dynamics

Work based styles and preferences

Insights in Practice

Using it & keeping it fresh

Equine interaction (optional)

Short session on Max our mechanical horse (optional)



What is Insights Discovery?



"Teamwork and
Communication through
Insights Discovery"

ONE DAY. Suitable for: Teams

Insights Discovery is the world's leading personality assessment with a 98% accuracy rating, and rooted in a four-colour energy model: Fiery Red, Sunshine Yellow, Earth Green and Cool Blue.



Scale self-awareness across your organisation
Give individuals the insight to understand themselves and others.

Insights Discovery delivers a consistent, scalable system that fosters self-awareness and emotional intelligence across every level.



Build a common language that strengthens teams
Turn personality insight into day-to-day impact.

Give teams a shared language to understand differences, reduce conflict and improve collaboration. Help colleagues connect across cultures, generations and hybrid ways of working.



Integrate it into leadership, sales and coaching.

Strengthen development across the organisation. Use Insights Discovery across coaching, sales and leadership to embed learning and sustain performance





“Applying neuroscience to leadership and coaching”

ONE DAY. Suitable for: Managers and Supervisors

The brain - the short version!

Primitive responses - fight, flight and freeze

A solution focused mentality - why?

Self awareness and development of a positive brain

Applying solution focused leadership and coaching techniques

Equine interaction (optional)

Short session on Max our mechanical horse (optional)





“First time leader”

TWO DAYS. Suitable for: New and potential managers

Welcome, purpose and outcomes

What’s it all about, this leadership thing!

Understanding and growing our own authenticity

Circle of influence

The 3 C’s (Confidence, Collaboration, Consistency)

Learning and improving - how not to trip over the same rock twice

Situational leadership

Team dynamics

Positive conflict resolution

The ego has landed

Equine interaction (optional)

Short session on Max our mechanical horse (optional)





Facilitated workshops and Insights Discovery Your Trainer



Workshops are designed and delivered by our Centre Lead, Emma Findlay. This means we make sure everything is ready and welcoming for teams. You are able to select an off-the-shelf option or work with Emma to create something bespoke.

Emma has over 30 years of operational leadership and learning and development experience. Qualified up to Level 7 in leadership and coaching, CIPD accredited with additional qualifications in project management, workplace mediation, neuroscience application and delivery of Insights Discovery.

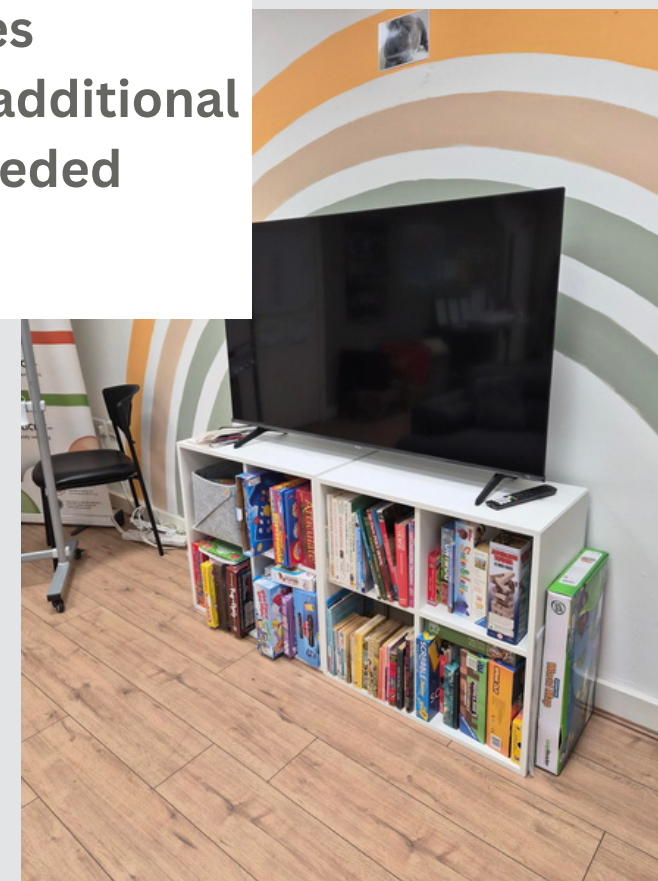
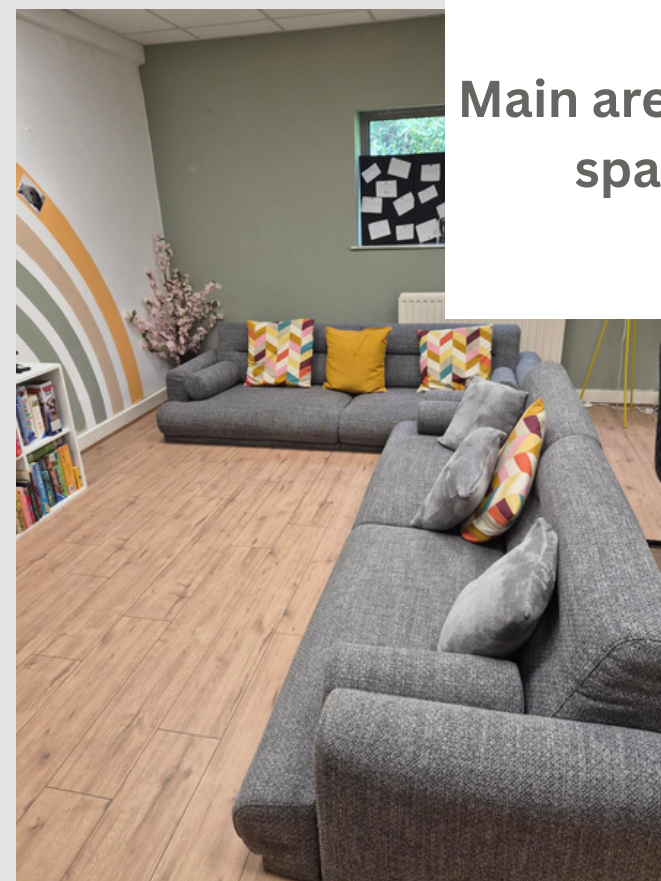
Emma's passion lies in helping individuals and teams to perform in all types of environments and she is also a qualified psychotherapist and horse enthusiast!

emma.findlay@stepneybankstables.com





Our 'Jackson Room' at
main yard.
Full toilet and kitchen
facilities
Main arena for additional
space if needed



Time
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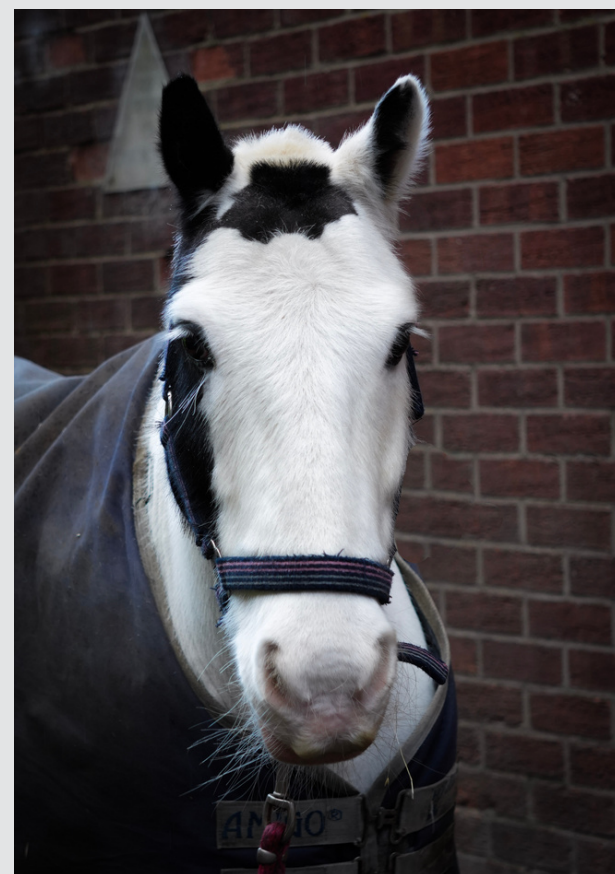




Our 'Top Yard' is great for meetings, events and to meet a pony or two! A well equipped single storey cottage, complete with toilets, kitchen and meeting room is perfect for that something different.



Time
with Us



PRICING

Super competitive. We want you to enjoy our spaces within your budget, take away lasting memories and feel inspired to spread the word about your **Time with Us.**

Jackson Room meeting hire - Max 20 people. Includes tea/coffee/water. Additional refreshments & lunch can be added at cost. Equine interaction can be arranged	Half Day £150	Full Day £200
Top Yard Cottage meeting hire - Max 10 people. Includes tea/coffee/water. Additional refreshments & lunch can be added at cost	Half Day £100	Full Day £150
Off-the-shelf courses. Includes lunch, refreshments and course materials *Insights Discovery requires additional payment for profiles and soft blocks	One Day event £145 per person (Min 4 delegates)	Two Day event £280 per person (Min 4 delegates)
Bespoke leadership or team development	POA	

Other BRILLIANT ways your organisation can support Stepney Bank Stables Charity

Volunteer days, choose us! We welcome teams in to spend the day with us and help us to thrive. Painting, gardening, fixing things, it's all for the taking. Great for team bonding and laughter!

Choosing us as your 'Charity of the year' recipient. You'll be supporting young people to access transformative opportunities. They gain life skills, friendships, confidence and stability.

Contact sara.newson@stepneybankstables.com

